

2016 Alternative Breaks



THE UNIVERSITY OF ARIZONA

Student Affairs & Enrollment Management
Academic Initiatives & Student Success

97

Students Participating in
Alternative Breaks

7

Alternative Break Trip
Locations

2408

Hours Spent on Service and
Educationals

Where did our trips go in 2016?



San Francisco, CA
Catalina Island, CA
Tucson, AZ
Denver, CO
Aurora, CO
Washington, D.C.
Philadelphia, PA

Working with issues of:



Environmental
Conservation



Hunger and
Marginalization



Environmental
Justice



Mental Health



Homelessness



Access to
Healthcare



The mission of UA Alternative Breaks is to engage individuals in creating sustainable change through education, reflection, and direct service.

Our goal is to create a society of active citizens.

What's an
Active
Citizen?



Active Citizens are individuals who prioritize the community in their values and life choices. They don't have to take action on every social issue, but rather, see the world through that lens. They take action on issues that matter to them and their communities.

-alternativebreaks.org, 2015.

LEARNING OUTCOMES

Upon completing an Alternative Breaks experience, participants will be able to:

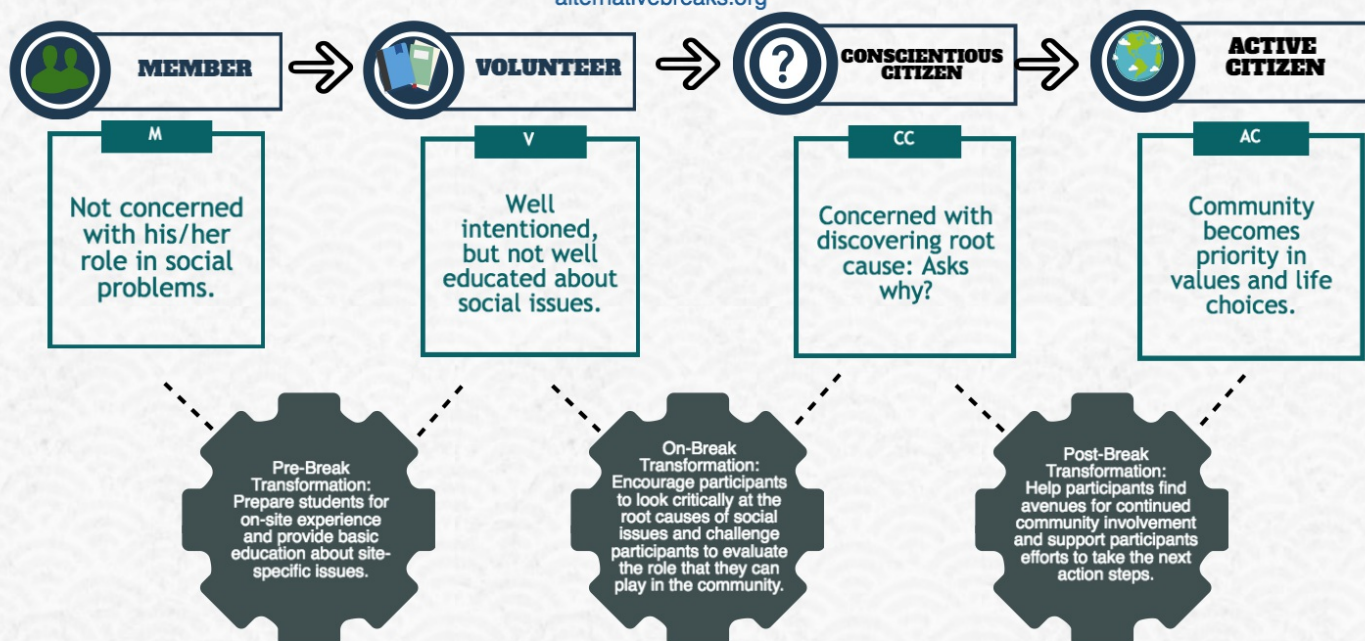
- 1 Define the difference between charity and solidarity
- 2 Identify at least two ways that they can continue their service in Tucson
- 3 Summarize their experience as they would on their resume
- 4 Demonstrate a change in Controversy with Civility, Congruence, and Citizenship; three critical values defined in the Social Change Model of Leadership Development

THE FRAMEWORK

The Alternative Breaks retrospective assessment uses direct and indirect assessment methods to gauge learning from the experience. The frameworks used are the Active Citizen Continuum and the Socially Responsible Leadership Scale, which is based on the Social Change Model of Leadership Development.

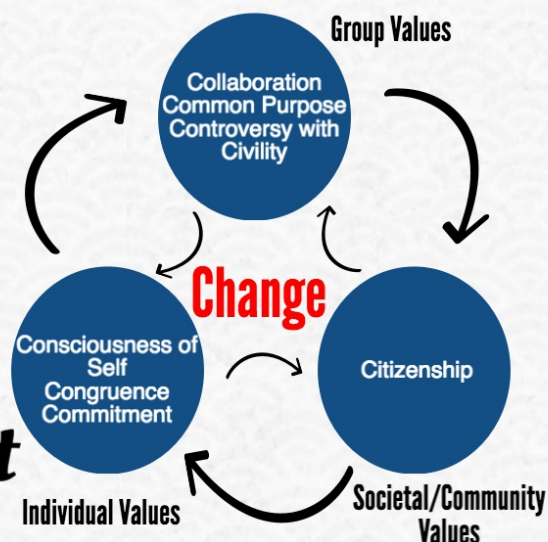
The Active Citizen Continuum

Break Away: The Alternative Break Connection, Inc - alternativebreaks.org



SRLS
Socially Responsible
Leadership Scale

The Social Change Model of Leadership Development



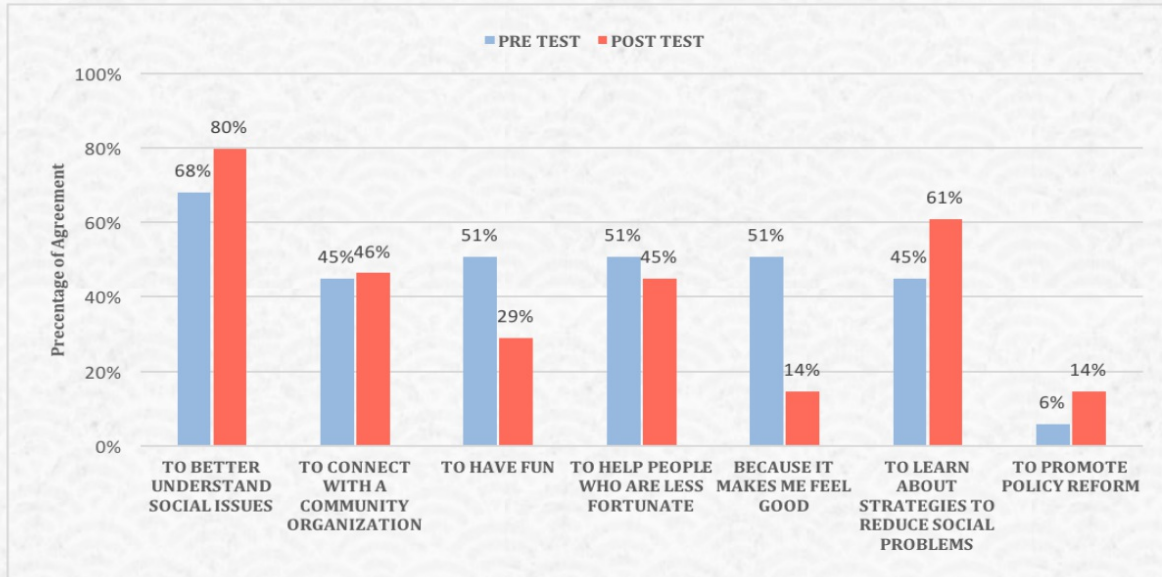
A S S E S S M E N T

R E S U L T S



N=69

REASONS TO PARTICIPATE IN SERVICE



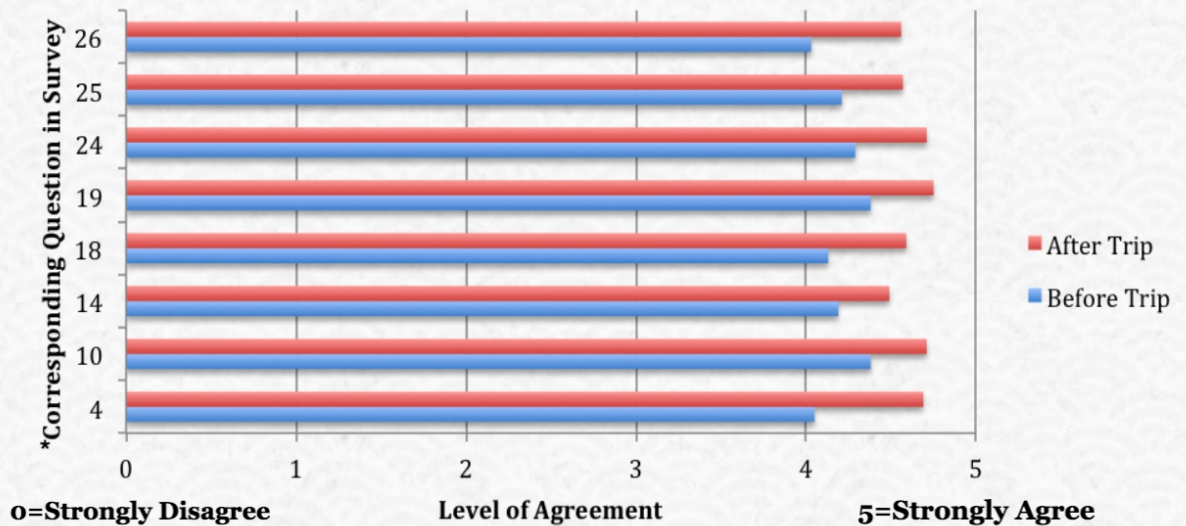
Students were asked to choose their top three reasons on why they participate in service. Statements were coded to correspond to the Active Citizen Continuum. From the results, we can determine if students' values leaned more toward an Active Citizen as a result of participating in the program.

The results show that students' values are changing to be more aligned with an Active Citizen after the trip than before the trip.

In 2016, Alternative Breaks utilized the valid and reliable Socially Responsible Leadership Scale (SRLS) as a tool to understand students' changes in values during the trip. The SRLS breaks down the Social Change Model of Leadership Development (SCM) into values-based questions that then correspond to the different areas of the SCM. The areas of SCM that the University of Arizona Alternative Breaks trip focuses on is

Controversy with Civility, Congruence, and Citizenship.

Results on Citizenship-Related Statements



We saw the most significant changes in responses related to statements on Citizenship!

* CORRESPONDING QUESTIONS IN SURVEY

- 4. I have the power to make a difference in my community.
- 10. I am willing to act for the rights of others.
- 14. I participate in activities that contribute to the common good.
- 18. I believe I have the civic responsibility to the greater public.

- 19. I value opportunities that allow me to contribute to my community.
- 24. I believe I have responsibilities to my community.
- 25. I give time to make a difference for someone else.
- 26. I work with others to make my community's better places.

This year, our trips were focused on understanding the difference between 'charity' and 'solidarity.' The definitions below were created by the Site Leaders as working definitions of charity and solidarity. We assessed the participants understanding of the definitions, and the word cloud below shows the common themes that emerged.

[illegible][illegible]